Unsung Heroines: African American Women Who Shaped the Old West

The story of the American frontier is often told through the lens of white male pioneers and cowboys. However, the reality is that the Old West was a diverse melting pot, and African American women played a vital role in its shaping. These women were trailblazers, cowgirls, and entrepreneurs who defied the odds and made their mark on history.



African American Women of the Old West

by Tricia Martineau Wagner

4.8 out of 5

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Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled



: 170 pages

This article sheds light on some of the most remarkable African American women of the Old West, whose stories have been largely overlooked. Their experiences illuminate the challenges and triumphs faced by women of color during a tumultuous period in American history.

Mary Fields, "Stagecoach Mary"

Print length



Mary Fields, "Stagecoach Mary" (Public domain)

Mary Fields was born into slavery in Tennessee in 1832. After emancipation, she moved to Montana and worked as a washerwoman, cook, and nurse. In 1895, she became the first African American woman to work as a stagecoach driver for the United States Postal Service. She

became known as "Stagecoach Mary" and was renowned for her strength, courage, and determination.

Cathay Williams, "The Female Buffalo Soldier"



Cathay Williams, "The Female Buffalo Soldier" (Public domain)

Cathay Williams was born into slavery in Missouri in 1844. After escaping to freedom, she disguised herself as a man and joined the Union Army in 1866. She served in the 38th U.S. Infantry Regiment, known as the "Buffalo Soldiers." Williams fought bravely in numerous battles and was known for her skill as a sharpshooter. She is considered one of the first African American women to serve in the U.S. military.

Biddy Mason, "The Grandmother of Los Angeles"



Biddy Mason, "The Grandmother of Los Angeles" (Public domain)

Biddy Mason was born into slavery in Mississippi in 1818. In 1856, she and her family escaped to California, where she became a successful midwife and businesswoman. Mason was known for her generosity and philanthropy, and she played a key role in the development of Los Angeles. She is known as the "Grandmother of Los Angeles" and has been inducted into the California Hall of Fame and the National Women's Hall of Fame.

Esther Morris Smith, "The Cattle Queen of Texas"



Esther Morris Smith, "The Cattle Queen of Texas" (Public domain)

Esther Morris Smith was born in Tennessee in 1834. In 1866, she married a cowboy named Bill Smith and moved to Texas. The couple built a successful cattle ranch and became known for their hard work and determination. Smith was known as the "Cattle Queen of Texas" and became a legend in the Old West.

The stories of African American women in the Old West are a testament to their strength, resilience, and determination. These women defied societal norms and made their mark on history, despite facing countless obstacles and prejudices. Their contributions to the American frontier are immeasurable, and their stories deserve to be remembered and celebrated.



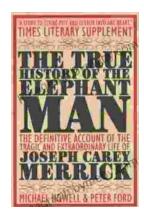
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