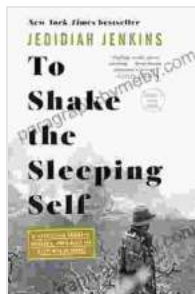


To Shake the Sleeping Self: Awaken Your True Potential and Live a Life of Purpose



To Shake the Sleeping Self: A Journey from Oregon to Patagonia, and a Quest for a Life with No Regret

by Jedidiah Jenkins

★★★★☆ 4.5 out of 5

Language : English

File size : 7494 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 326 pages



Are you ready to wake up to your true potential?

We all have a sleeping self within us—a part of us that is full of potential, but that has been dormant for too long. This sleeping self is often buried beneath layers of fear, doubt, and limiting beliefs. It is afraid to step outside of its comfort zone and to pursue its dreams.

But what if you could shake the sleeping self awake? What if you could tap into your full potential and live a life of purpose and fulfillment? To Shake the Sleeping Self is a transformative guide that will help you do just that.

In this book, you will learn how to:

- Identify the sleeping self within you

- Break free from the fears and doubts that hold you back
- Develop a clear vision for your life
- Take action towards your goals
- Live a life of purpose and fulfillment

To Shake the Sleeping Self is not just another self-help book. It is a powerful tool that will help you to transform your life. If you are ready to wake up to your true potential and to live a life of purpose and fulfillment, then this book is for you.

What readers are saying about To Shake the Sleeping Self:



“ ”This book is a must-read for anyone who wants to live a more fulfilling life. It is full of practical advice and insights that will help you to overcome your fears and doubts and to achieve your dreams.” - Our Book Library reviewer ”



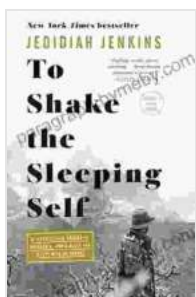
“ ”To Shake the Sleeping Self is a transformative guide that will help you to awaken your true potential. It is a powerful tool that will help you to overcome your obstacles and to live a life of purpose and fulfillment.” - Goodreads reviewer ”

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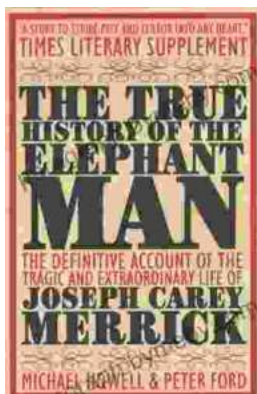


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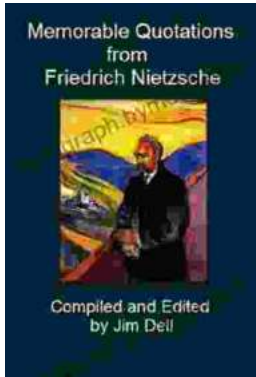
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