

Mama Travels for Work: Comforting Kids with a Busy Parent



Mama Travels for Work (Daniel Tiger's Neighborhood)

by Ruby Ferguson

★★★★☆ 4.7 out of 5

Language : English

File size : 3842 KB

Screen Reader : Supported

Print length : 16 pages



As a parent, it can be tough to leave your child for work. You want to provide for their needs, but you also don't want to miss out on their precious moments. *Mama Travels for Work* is a heartwarming picture book that can help children cope with a parent's absence.

The story follows Daniel Tiger, a little tiger whose mother travels for work. Daniel is worried about being apart from his mother, but he learns to cope with her absence with the help of his friends and family.

Mama Travels for Work is a great way to teach children about the importance of family and the power of resilience. It's also a valuable resource for parents who are trying to find ways to stay connected with their children while they're away.

The Benefits of Reading *Mama Travels for Work*

There are many benefits to reading *Mama Travels for Work* to your child. Some of these benefits include:

- **It helps children cope with separation.** When a parent travels for work, it can be difficult for children to adjust. *Mama Travels for Work* can help children understand that it's okay to miss their parent and that they will come back.
- **It teaches children about the importance of family.** *Mama Travels for Work* shows children that even though their parent is away, they are still loved and supported by their family.
- **It promotes resilience.** *Mama Travels for Work* teaches children that they can overcome challenges and that they are strong enough to handle difficult situations.

Tips for Parents

If you're a parent who travels for work, there are a few things you can do to help your child cope with your absence:

- **Talk to your child about your travels.** Answer your child's questions and let them know how long you'll be gone.
- **Stay in touch while you're away.** Call, text, or video chat with your child as often as possible.
- **Send your child care packages.** Include items that will remind them of you, such as a favorite toy, book, or snack.
- **Make time for your child when you return.** Let your child know that you missed them and that you're happy to be back.

Sing-Along Song

Mama Travels for Work includes a sing-along song that can help children cope with separation. The song is called "Mama Will Be Back." Here are the lyrics:

Mama will be back, She'll be back tomorrow, She's just going away, To wo

You can sing "Mama Will Be Back" to your child whenever they're feeling sad or missing you.

Mama Travels for Work is a must-read picture book for children with busy working parents. This heartwarming story will help children cope with separation, learn about the importance of family, and promote resilience. If you're a parent who travels for work, be sure to check out *Mama Travels for Work*. It's a valuable resource that can help you and your child through this challenging time.



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