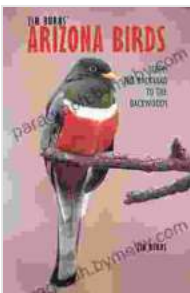


From the Backyard to the Backwoods: A Nature-Inspired Guide to Edible and Medicinal Plants

Are you interested in learning more about the edible and medicinal plants that grow in your backyard and beyond? If so, then you need a copy of *From the Backyard to the Backwoods*. This comprehensive guide will teach you everything you need to know about identifying, harvesting, and using these plants.



Jim Burns' Arizona Birds: From the Backyard to the Backwoods by Jim Burns

★★★★☆ 4.6 out of 5

Language : English
File size : 14279 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 256 pages



What You'll Learn in *From the Backyard to the Backwoods*

In *From the Backyard to the Backwoods*, you will learn about:

- **Over 100 edible and medicinal plants**, including their identification, habitat, and uses
- **How to identify and harvest plants safely**

- **The nutritional and medicinal benefits of each plant**
- **How to prepare and use plants for food and medicine**
- **Recipes for delicious and nutritious dishes made with wild plants**
- **Tips for growing your own medicinal herb garden**

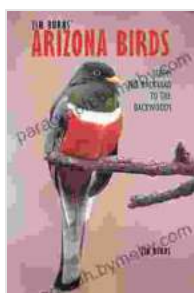
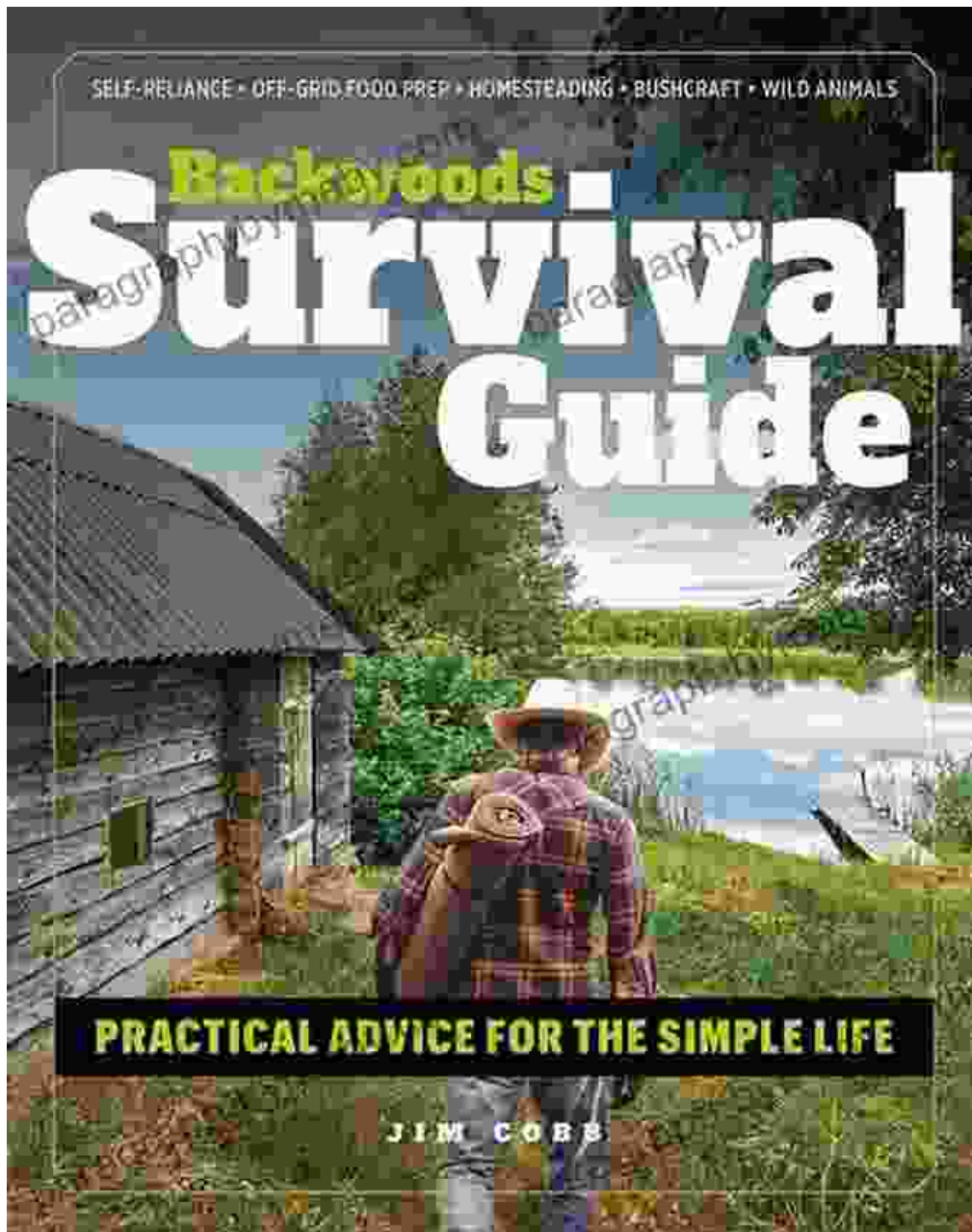
Why You Need *From the Backyard to the Backwoods*

From the Backyard to the Backwoods is a valuable resource for anyone who wants to learn more about the natural world and its uses. This book is perfect for:

- **Foragers** who want to learn more about the edible and medicinal plants that grow in their area
- **Herbalists** who want to expand their knowledge of medicinal plants
- **Nature enthusiasts** who want to learn more about the plants that surround them
- **Parents** who want to teach their children about the natural world
- **Anyone** who wants to live a more sustainable and self-reliant life

Free Download Your Copy of *From the Backyard to the Backwoods* Today!

From the Backyard to the Backwoods is available now from your favorite bookstore or online retailer. Free Download your copy today and start learning about the edible and medicinal plants that grow all around you!



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