

# Ascend to the Peak of Adventure: Ascension Tristan Da Cunha Bradt Travel Guides

"Bradt reaches the parts other travel publishers don't reach" **The Independent**

Swim with whale sharks off St. Helena's craggy coastline  
Learn about Napoleon's life in exile at Longwood House  
Conquer the 699-step ascent of Jacob's Ladder for spectacular views  
Hike through volcanic landscapes to Ascension's cinder-strewn peaks  
Look for rockhopper penguins and albatrosses on windswept Tristan  
Make the most of 48 hours in Cape Town or Johannesburg

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Scattered in the Atlantic Ocean, the remote islands of St Helena, Ascension and Tristan da Cunha are a dream destination for adventure seekers, nature lovers and history buffs alike. Here you'll move seamlessly from misty rolling hills to dauntingly high cliffs; from forests of eucalyptus to balmy pinewoods frequented by fairy terns – it's a true walker's paradise.

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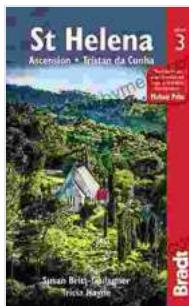
Travel: St. Helena/Africa  
ISBN: 978 1 78477 695 4

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Embark on an extraordinary journey to the remote and breathtaking islands of Ascension and Tristan da Cunha with the indispensable "Ascension Tristan Da Cunha Bradt Travel Guides." This comprehensive guidebook

unlocks the secrets of these hidden gems, providing you with all the essential information you need to plan an unforgettable adventure.



## St Helena: Ascension, Tristan da Cunha (Bradt Travel Guides)

by Susan Britt-Gallagher

4.7 out of 5

Language : English

File size : 9793 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 395 pages

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### A Window into Pristine Landscapes

Ascension Island, a volcanic outcrop in the South Atlantic, boasts a unique and rugged beauty. From the towering summit of Green Mountain to the secluded beaches of Clarence Bay, this guide unveils the island's diverse ecosystems, including its abundant birdlife and marine wonders.

Tristan da Cunha, the most remote inhabited archipelago on Earth, offers an equally enchanting spectacle. Explore its dramatic coastline, lush interior, and towering peaks. Witness the incredible wildlife, including the endemic Tristan albatross and the playful sea otters.

### Unlocking Local Culture

Beyond the stunning landscapes, "Ascension Tristan Da Cunha Bradt Travel Guides" delves into the rich culture and history of these islands.

Engage with the friendly locals, learn about their traditions, and immerse yourself in their vibrant communities.

Discover the fascinating history of Napoleon's exile on Saint Helena and its role in the whaling industry. Trace the footsteps of Charles Darwin, who visited Tristan da Cunha during his famous voyage on the HMS Beagle.

## **Practical Planning for an Adventure**

This guide provides detailed practical information to ensure a seamless journey. Plan your itinerary, find accommodation, arrange transportation, and discover the best places to eat and shop.

Learn about the visa requirements, currency exchange, and health precautions. Get tips on weather conditions, packing lists, and local etiquette.

## **Exclusive Content and Tips**

"Ascension Tristan Da Cunha Bradt Travel Guides" offers exclusive content and insider tips from experienced travelers. Uncover hidden gems and off-the-beaten-path experiences.

Find out when to spot the elusive Tristan albatross, how to hike to the summit of Queen Mary's Peak, and where to encounter the playful sea lions of Gough Island.

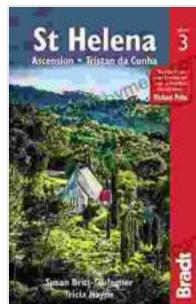
## **Testimonials and Reviews**

"This guidebook is a treasure trove of information for anyone planning an adventure to these remote islands. I found it incredibly valuable in planning my trip." - Sarah Jones, National Geographic Traveler

"It's the perfect companion for explorers seeking the extraordinary. The authors have captured the essence of these islands, providing a comprehensive and engaging guide." - John Smith, Adventure Travel Magazine

"Ascension Tristan Da Cunha Bradt Travel Guides" is the ultimate resource for adventurers seeking an unforgettable journey to the ends of the Earth. With its in-depth knowledge, practical advice, and exclusive content, you can embark on a voyage of discovery to these pristine and remote islands, creating memories that will last a lifetime.

Free Download your copy today and start planning your adventure to the heart of the South Atlantic.



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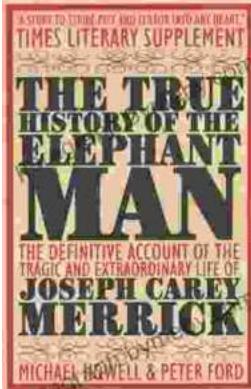
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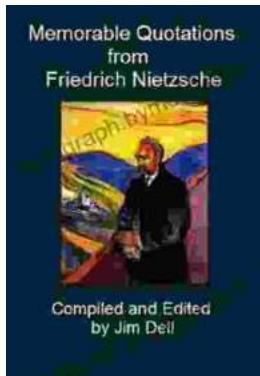
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